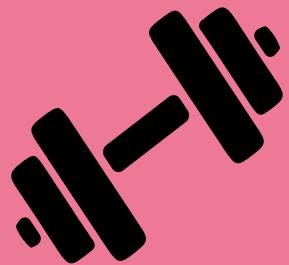


together²

Senior Fitness Club

Thursday 2nd of May

From 10 to 11am



With a focus on social interaction, personal empowerment, and fun, our free sessions are designed to meet you where you are in your fitness journey, whether you are just starting, restarting, or already enjoying an exercise routine. The program will run every Thursday.



agedcare@together2.org.au

0480 523 896



Mort Bay Community Room
7 Cameron St, Balmain NSW 2041