Bright Morning

TOOL

Reflect on Your Own Bias

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Reflect on Your Own Bias

Is there someone you work with who you are pretty sure would view your feedback as negative if you gave them any feedback?

Is there someone you work with who makes you say, “I’m having the hardest time getting to know this person!”?

When you’re in a public place (a café or on a bus) and you have to make a quick decision about who to sit by, how do you make that decision? Are you aware of how you make this decision?

The first time I became aware of differences was when...

As I was growing up, the messages (from family, media, school, etc.) that I received about people who were different were...

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As I was growing up, my family taught me that people who were like us were ...

A time I was aware of my own difference was when ...

A time I may have mistreated (intentionally or unintentionally) someone for being different was when ...

I feel most comfortable when I am around people who...

How do you know when you're comfortable and uncomfortable around people or groups of people?

WHAT'S NEXT

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Make every conversaion an equity conversation.

- Navigate challenging conversations with confidence
- Examine beliefs without triggering defensiveness
- Transform classroom observations with an equity lens
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