

Eye drops after LASIK

In order to secure the most optimal conditions for your eye treatment, you are supposed to drip your eyes after the treatment.

Please go to a pharmacy not later than two days before the operation to buy eye drops prescribed by our doctor. The prescription is on a digital server, you only need to tell your CPR-number at a pharmacy of your choice.

Monopex 1 mg/ml is an adrenal cortical hormone eye drop. It has an inhibitory effect on tissue reactions seen after surgery.

Oftaquix 5mg/ml is a broad-spectrum antibiotic with preventive effect on inflammation.

Thealoz Duo/Hylo-Care are artificial tears used to protect, moisturize and lubricate the eyes for better comfort and vision in the first period of time after surgery. You can expect that you will need to drip artificial tears for up to 3 months after surgery. They can be purchased in our clinics and pharmacies without a prescription.

NOTE: Allow 5 minutes between dripping with the 2 eye drops, but always finish with Thealoz Duo/Hylo-Care. If you drip first with Thealoz Duo/Hylo-Care allow 30 min. before you can drip with Oftaquix or Monopex.

We recommend wearing sunglasses for the first 2-3 months outdoors in sunshine.

On the treatment day, after the operation:

- **Monopex:** 1 drop in the afternoon and in the evening.
- **Oftaquix:** 1 drop in the afternoon and in the evening.
- **Thealoz Duo/Hylo Care** 1 drop min. every hour (unless you sleep).
- **Eye shields** are to be used when sleeping the first 2-3 nights in order to avoid rubbing your eyes, which can make the "flap" dislocate.

First week after the operation:

- **Monopex:** 1 drop 6 times daily evenly distributed over the wake hours.
- **Oftaquix:** 1 drop morning, afternoon and evening.
- **Thealoz Duo/Hylo Care** 1 drop min. every hour (unless you sleep)

Second week after the operation:

- **Monopex:** 1 drop morning, afternoon and evening.
- **Thealoz Duo/Hylo Care** 1 drop 6 times a day, more if needed.

Third week after the operation:

- **Monopex:** 1 drop morning and evening.
- **Thealoz Duo/Hylo Care** 1 drop 4-6 times a day, more if needed.

Further minimum 3 weeks:

- **Thealoz Duo/Hylo Care** 1 drop 4-6 times a day, more if needed.

Important: If your eyes turn red, irritated, painful or the vision gets significantly worse after the operation, you must take immediately contact with the eye clinic at tel. 7027 4553 or contact an ophthalmologist.

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