

Eye drops after PTK, PRK and tPRK

In order to secure the most optimal conditions for your eye treatment, you are supposed to drip your eyes after the treatment.
Please go to a pharmacy not later than two days before the operation to buy eye drops prescribed by our doctor. The prescription is on a digital server, you only need to tell your CPR-number at a pharmacy of your choice.

Voltaren 1 mg/ml Acts as an analgesic and anti-inflammatory, i.e. reduces the irritation-like symptoms that can occur after eye surgery.

Monopex 1 mg/ml is an adrenal cortical hormone eye drop. It has an inhibitory effect on tissue reactions seen after surgery.

Oftaquix 5 mg/ml is a broad-spectrum antibiotic with preventive effect on inflammation.

Thealoz Duo/Hylo-Care are artificial tears used to protect, moisturize and lubricate the eyes for better comfort and vision in the first period of time after surgery. You can expect that you will need to drip artificial tears for up to 3 months after surgery. They can be purchased in our clinics and pharmacies without a prescription.

NOTE: Allow 5 minutes between dripping with the 2 eye drops, but always finish with Thealoz Duo/Hylo-Care. If you drip first with Thealoz Duo/Hylo-Care allow 30 min. before you can drip with Oftaquix or Monopex.

We recommend wearing sunglasses for the first 2-3 months outdoors in sunshine.

On the treatment day / after the operation: (day 0):

- **Voltaren:** 1 drop in the afternoon and in the evening.
- **Oftaquix:** 1 drop in the afternoon and in the evening.
- **Thealoz Duo/Hylo-Care:** 1 drop min. every hour (unless you sleep).
- **Eye shields:** are to be used when sleeping the first 2-3 nights in order to avoid rubbing your eyes, which can make the "flap" dislocate.

Day 1-3 after the operation:

- **Voltaren:** 1 drop morning, afternoon and evening.
- **Oftaquix:** 1 drop morning, afternoon and evening.
- **Thealoz Duo/Hylo-Care:** 1 drop min. every hour (unless you sleep).

Day 4-7 after the operation:

- **Oftaquix:** 1 drop morning, afternoon and evening.
- **Thealoz Duo/Hylo-Care:** 1 drop min. every hour (unless you sleep).

Day 8-14 after the operation (1 whole week):

- **Monopex:** 1 drop 6 times daily evenly distributed over the wake hours.
- **Thealoz Duo/Hylo-Care:** 1 drop min. every hour (unless you sleep).

Day 15-36 after the operation (furthermore, 3 whole weeks):

- **Monopex:** 1 drop morning, afternoon and evening.
- **Thealoz Duo/Hylo-Care:** 1 drop 6 times a day, more if needed.

Day 37-56 (furthermore minimum 3 weeks):

- **Thealoz Duo/Hylo-Care:** 1 drop 4-6 times a day, more if needed.

You should expect some pain in the eye for the first 24 hours, after which the irritation in the eye will normalize. You can use over-the-counter medication such as Paracetamol max. 1 gram x 4 daily, or Ibuprofen max. 200 mg x 3 daily.

IMPORTANT: If your eyes turn red, irritated, painful or the vision gets significantly worse after the operation, you must take immediately contact with the eye clinic at tel. 7027 4553 or contact an ophthalmologist.