

Eye drops before and after lens operation

To ensure the most optimal conditions for your treatment, you should drip your eyes before and after surgery.

No later than **two days** before the surgery, go to the pharmacy and pick up the following eye drops prescribed by your ophthalmologist. The prescription is available on the digital prescription server. Follow the drip instructions below for optimal absorption:

Acular/Nevanac acts as an analgesic and anti-inflammatory, i.e. reduces the irritation-like symptoms that can occur after eye surgery.

Monopex/Axiumopto is an adrenal cortical hormone eye drop. It inhibits tissue reactions seen after surgery.

Thealoz Duo/Hylo Care are artificial tears, which can be used as needed for moistening the eyes if they feel dry, burning or tired, to ensure better comfort and vision after your treatment. They can be purchased at our clinics and pharmacies without a prescription.

NOTE: Allow 5 minutes between dripping with the 3 eye drops, but always finish with Thealoz Duo/Hylo-Care. If you drip first with Thealoz Duo/Hylo-Care allow 30 min. before you can drip with Acular/Nevanac or Monopex/Axiumopto.

The day before operation:

- **Acular/Nevanac** 1 drop in the morning, afternoon and evening.

On day of operation:

- **Acular/Nevanac** 1 drop in the morning, afternoon and evening.
- **Monopex/Axiumopto** 1 drop 3-4 hours **after** treatment and evening.
- **Thealoz Duo/Hylo Care** 1 drop every 2-3 hours **after** treatment during waking hours.

First week after operation:

- **Acular/Nevanac** 1 drop in the morning, afternoon and evening.
- **Monopex/Axiumopto** 1 drop in the morning, afternoon and evening.
- **Thealoz Duo/Hylo Care** 1 drop every 2-3 hours during waking hours.

Second week after operation:

- **Acular/Nevanac** 1 drop in the morning, afternoon and evening.
- **Monopex/Axiumopto** 1 drop in the morning.
- **Thealoz Duo/Hylo Care** 1 drop every 2-3 hours during waking hours.

Third and fourth week after operation:

- **Acular/Nevanac** 1 drop in the morning, afternoon and evening.
- **Thealoz Duo/Hylo Care** 1 drop every 3-4 hours during waking hours more if needed.

Fifth week after operation:

- **Acular/Nevanac** 1 drop in the morning.
- **Thealoz Duo/Hylo Care** 1 drop every 3-4 hours during waking hours, more if needed.

Following months after the operation:

- **Thealoz Duo/Hylo Care** 1 drop 3-4 times a day, more if needed.

Important: If one or both eyes suddenly become red, irritated, or painful, or if you experience nausea, a severe headache, or vomiting, you must contact EuroEyes at tel. 70 27 45 53 or see an ophthalmologist.