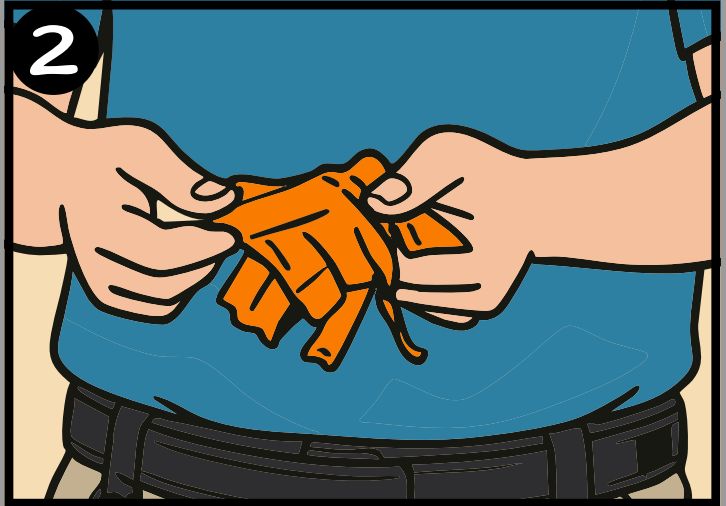
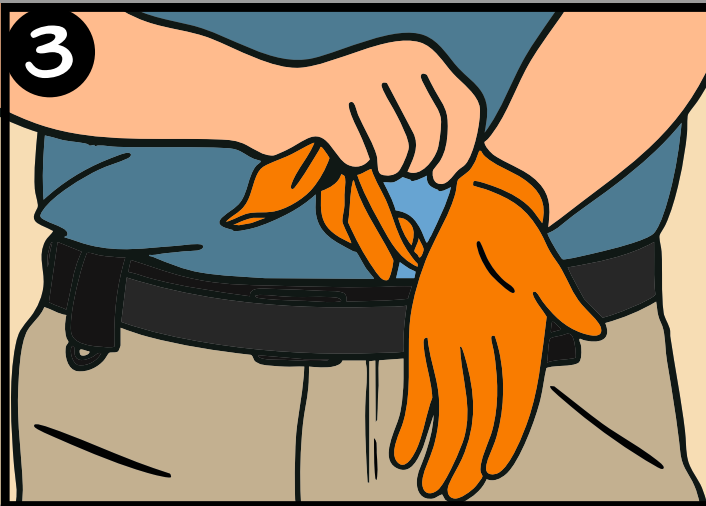




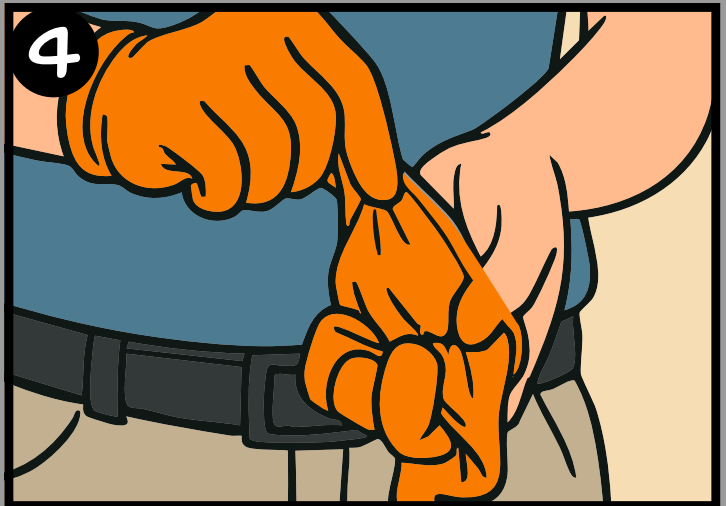
**Wash hands thoroughly** with hot water and soap. Dry hands completely before donning gloves.



**Select the appropriate glove size;** gloves should **fit snugly** without being too tight or too loose. Inspect both gloves for any defects or damage.

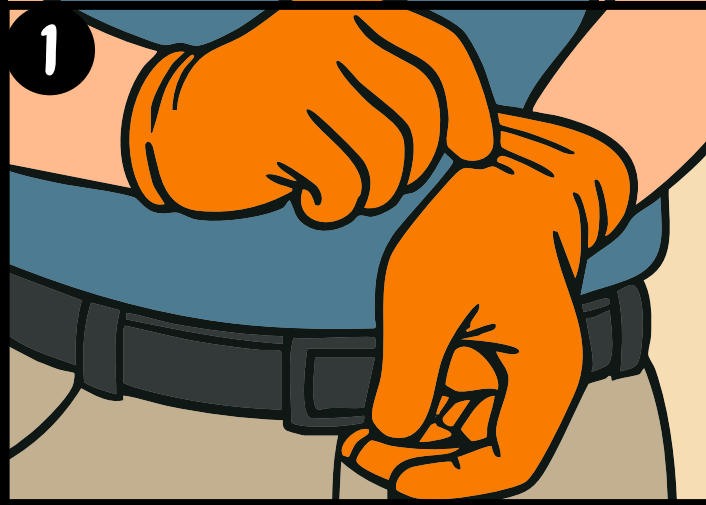


Insert one hand into the first glove, **gently pulling it on without applying excessive pressure** to the cuff. Ensure the cuff is fully extended and the wrist is covered.

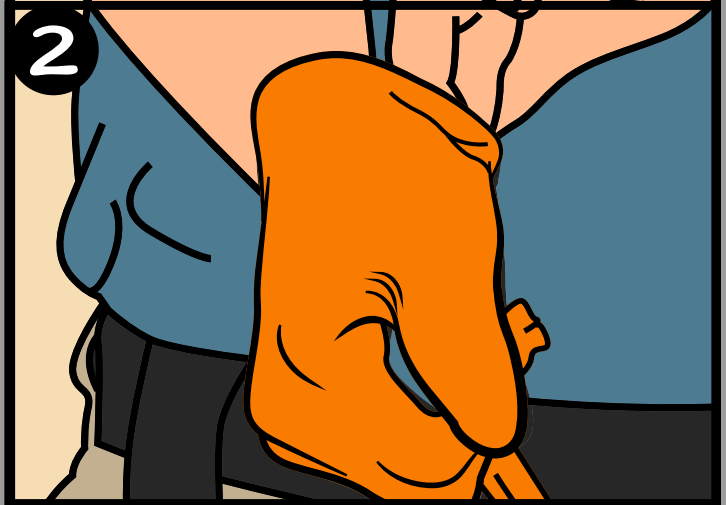


Position the second glove and **insert your other hand, avoiding contact between your gloved hand and bare forearm**. Pull the glove **up to the wrist**, ensuring the cuff is fully extended and the wrist is covered.

**ATTENTION:** These procedures and illustrations do not replace existing approved operational guidelines. Always follow your organization's established protocols and use these recommendations as supplementary technical guidance.



Pinch the outside of one glove at the wrist or cuff, **avoiding contact with your skin. Peel it downward**, turning it inside out as you remove it. Hold the **removed** glove in your gloved hand.



**Slide the fingers of your ungloved hand under the cuff of the remaining glove.** Peel it off over the first glove, turning it inside out and **enclosing** the first glove inside.



**Touching only the inside** of the gloves, place them into a designated contaminated waste bin or bag.



Immediately **wash your hands thoroughly** with soap and water.

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