

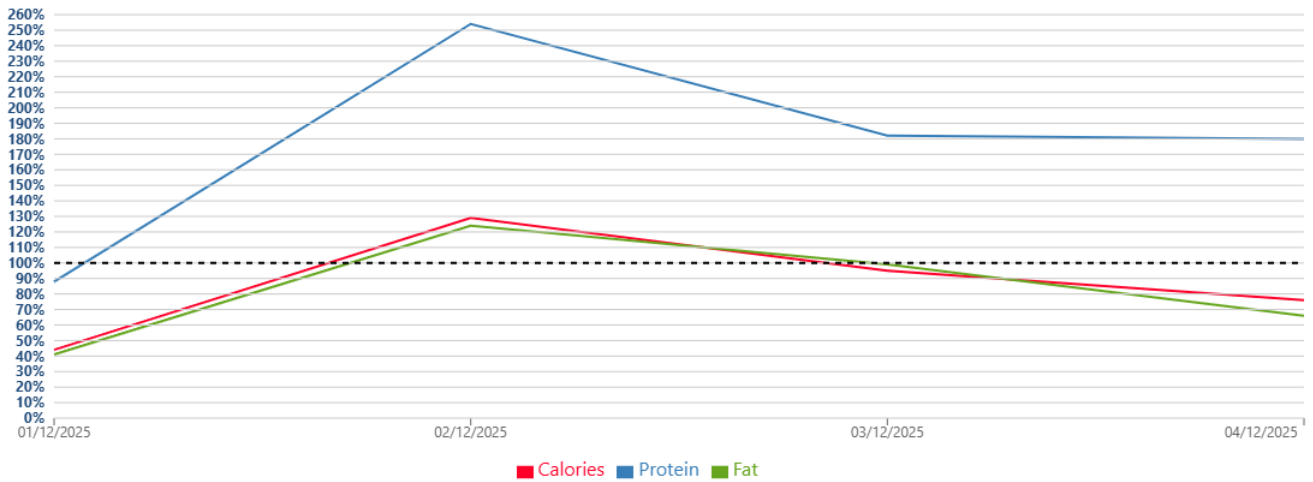
Example Custom Reports

Example Clinician • Example Organisation • 01 Dec 2025 – 04 Dec 2025



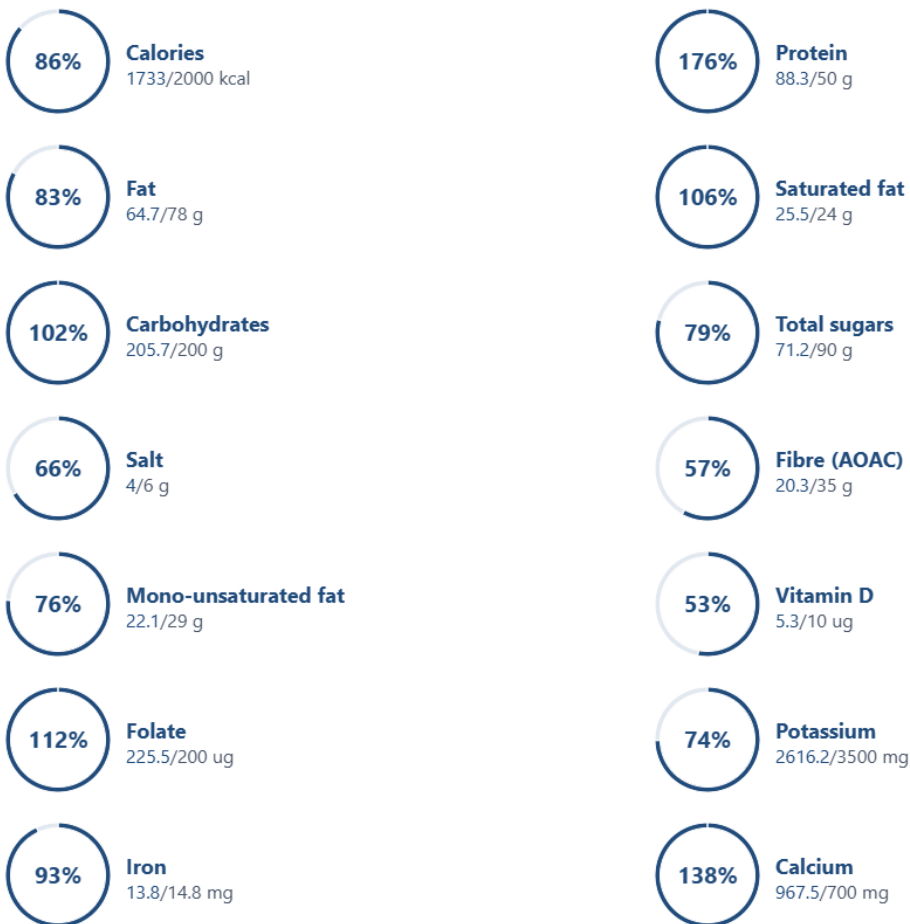
Nutrient Intake vs Target

Percentage of selected nutrients consumed compared to targets over time.



Nutrient Intake

Average of selected nutrients consumed per day compared to targets.

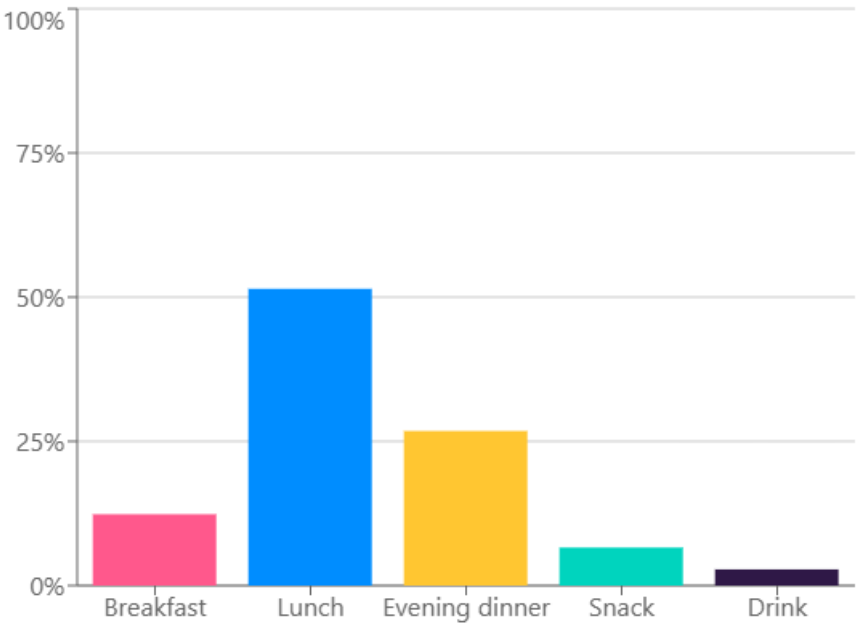


Nutrient
Meal
Distribution

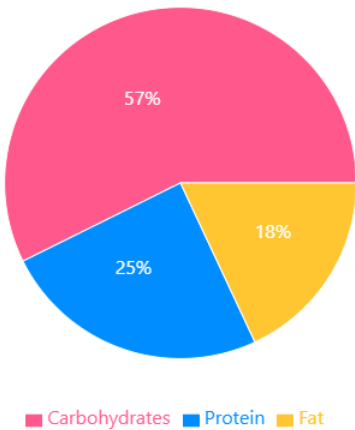
Protein

▼

Distribution of selected nutrient consumed across meal events.



Macronutrient Analysis



Top Contributors

Fat

▼

Chicken curry 38.4/78 g49% of goal	Margherita pizza, takeaway 35.6/78 g45% of goal	Omelette 16.4/78 g21% of goal	Cheddar cheese 10.8/78 g13% of goal	Salmon, baked 8.5/78 g10% of goal
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Daily Nutrient Summary

Amount of target nutrients consumed per day over the date range selected.

Date ↕	Calories ↕	Protein ↕	Fat ↕	Saturated fat ↕	Carbohydrates ↕	Total sugars ↕	Salt ↕	Fibre (AOAC) ↕	Mono- unsaturated fat ↕	Vitamin D ↕	Folate ↕	Potassium ↕	Iron ↕	Calc ↕
01/12/2025	884 kcal	44.3 g	32.1 g	7.9 g	94.8 g	34.4 g	2.4 g	27.1 g	12.3 g	1.3 ug	178.8 ug	1892 mg	13.8 mg	100 mg
02/12/2025	2595 kcal	127.5 g	97.4 g	42.6 g	317.2 g	86.4 g	6.3 g	23.6 g	33.5 g	9 ug	269.2 ug	2559.1 mg	18.1 mg	147 mg
03/12/2025	1912 kcal	91.5 g	77.4 g	30.1 g	221.8 g	83.7 g	4.6 g	14.3 g	23.9 g	5.6 ug	258.3 ug	2780.9 mg	13.3 mg	389 mg
04/12/2025	1539 kcal	90.1 g	52.2 g	21.5 g	189.1 g	80.2 g	2.8 g	16 g	18.6 g	5.5 ug	195.8 ug	3232.8 mg	10 mg	100 mg